



Get convenient online access to your benefits card

Follow these steps to view, save and print your benefits card.

1. Sign in to **mycanadalifeatwork.com**
2. Select **Info centre** from the menu on the left side
3. Select **Benefit cards**

You can also save your card to your mobile device with the GroupNet app.

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Overview

Make a claim

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Information centre for benefits

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Benefit cards

Get the cards you and your eligible dependants need to use your benefits.

[View benefit cards >](#)

Forms

Find forms you may need to manage your benefits.

[View forms >](#)