



Get convenient online access to your benefits card

Follow these steps to view, save and print your benefits card.

1. Sign in to **mycanadalifeatwork.com**
2. Select **Info centre** from the menu on the left side
3. Select **Benefit cards**

You can also save your card to your mobile device with the GroupNet app.

canadalife.com | 1-800-957-9777

The screenshot shows the website interface. At the top left is the Canada Life logo. Below it is a navigation menu with the following items: Overview, Make a claim, Benefits, **Info centre** (highlighted in red), Resources, and Options for you. To the right of the menu is a sidebar titled 'Information centre for benefits'. This sidebar contains two main sections: 'Benefit cards' and 'Forms'. The 'Benefit cards' section includes a sub-header, a description: 'Get the cards you and your eligible dependants need to use your benefits.', and a link 'View benefit cards >'. The 'Forms' section includes a sub-header, a description: 'Find forms you may need to manage your benefits.', and a link 'View forms >'. A large red number '3' is positioned to the left of the 'Benefit cards' section in the sidebar.