



MetLife's financial education  
pre-recorded workshops.

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### A Parent's Guide to Kids and Money



Teach your children good money habits and how to make suitable spending, saving, and investing decisions.

### Preparing to Care for an Aging Parent



Few of us are prepared for "Parenting the Parent." Learn 10 tips to help you prepare for caregiving.

### Smart Money Moves in Your 20s and 30s



10 tips on topics that are important to those in their 20s and 30s.

### Smart Money Moves in Your 40s, 50s and Beyond



10 tips on topics that are important to those in their 40s, 50s, 60s and beyond.

## Disponible en Español

### Movimientos Financieros Inteligentes a los 20 y los 30



Diez consejos que ayudan a prepararse para el éxito financiero y abarcan muchos temas importantes para las personas que se encuentran en los 20 y los 30.

### Movimientos Financieros Inteligente a los 40, 50, 60 y mas



Diez consejos sobre temas que son importantes para quienes transitan los 40, 50, 60 y más.

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